

FOUR FORTY NINER

**Cudworth - Stenz - Griesell - Smith American Legion Post 449
Brookfield, Wisconsin**

Charter Received April 1946

Serving God, Veterans & Country



**Four Forty Niner is the Official Newsletter of
Cudworth-Stenz-Griesell-Smith Post 449**

**3245 N. 124th Street
Brookfield, WI 53005
262-781-0488
Fax: 262-781-4568
www.Post449.com**

OFFICERS DIRECTORY

Commander	Alex Kolander	414-322-8702
1st Vice Commander	Roger Kiesner	414-350-0402
2nd Vice Commander	Alex Kolander	414-322-8702
Assist. 2nd Vice Com.	Lisa Nelson	262-364-3033
Adjutant	Bill Roche	414-477-9378
Finance Officer	Alex Kolander	414-322-8702
Chaplain	Rod Haines	414-322-8702
Judge Advocate	Tom Rhoda	414-510-9901
Service Officer	Richard Strehlow	262-641-0977
Sgt At Arms	Mike Daigle	262-330-3611
Public Relations	Steve Fraenzl	262-719-5660
CPA	Tracy Wandersee	262-567-5596
Bar Manager	Ken Checkai	414-426-8505
Catering by Bunzel's		414-873-7960
Parliamentarian	Open	
Historian	Mike Bell	414-702-0391
Children & Youth	Open	
Scholarships	Open	

Commander's Message

By Alex Kolander, 414-322-8702



Greetings Fellow Legionnaires:

SPRING!! Yes, it comes around again this month. How wonderful it will be to see the buds come out and leaves turn green with new life.

Many times I am asked, "What does a Commander do?" I have placed an insert in this newsletter listing all the duties I undertake as the Commander of American Legion Post 449. This is what happens at our Post, and not necessarily all over.

We have just finished our second annual Mardi-Gras and Casino night in partnership with Coldwell Banker home sale realty & team Novak. It was a very large success. Again! We brought in over \$6,000.00. Last year it was as beneficial to us as a fund raiser as it was this year.

Remember, we partnered up with Team Novak for our annual Christmas party this past year. What a great team we make to raise funds for our Memorial Hall!

Due to a shortage of bar tenders we had to stop opening at 11:30 Thursday, Friday, and Saturday. So, now we open on Thursday and Friday at 4:30, and Saturday at 1:00pm.

Milwaukee VA HOPTEL provides lodging for Veterans living 50 miles or more from Milwaukee VA while they are receiving needed medical care. Following is a list of needed items to help them out:

- Paper plates/microwaveable bowls
- Plasticware utensils

NEWSLETTER CIRCULATION VOLUNTEERS

Richard Strehlow, Bill Roche, Vivian Schmidt, Joleen Gordon, Kitty Larkin, Beth Weare, Lylette Smith, Bev & Lance Westen, Teri Seegert, Bev Gunther, Elizabeth Wilkinson, Larry Kaplan, Geri Mertes

Editor – Steve Fraenzl
sfraenzl@gmail.com

Database Coordinator – Richard Strehlow
americanlegionpost449mail@yahoo.com

Cudworth-Stenz-Griesell-Smith AL Post 449

Website Coordination – Chris Cannon
ccannon0809@gmail.com

Facebook Auxiliary Coordinator – Jennie Riemer
shakinjmr@yahoo.com

Postal Distribution Coordinator – Richard Strehlow

Circulation Coordinator – Lylette Smith
lylettesmith03@yahoo.com

Please email articles to Steve Fraenzl at sfraenzl@gmail.com.

Hard copy may be brought to the Legion office and given to a bartender. Change of address/ phone number/email address should go to:

Legionnaires ► Post Address, Attn: Bill Roche, Adjutant

Auxiliary ► Post Address, Attn: KITTY LARKIN, Membership S.A.L. ► Post Address, Attn: LEIGH RAINER

-Kleenex/paper towel/snack bags/disposable hot cups w/lids

-Food storage with 2&3 compartment dividers

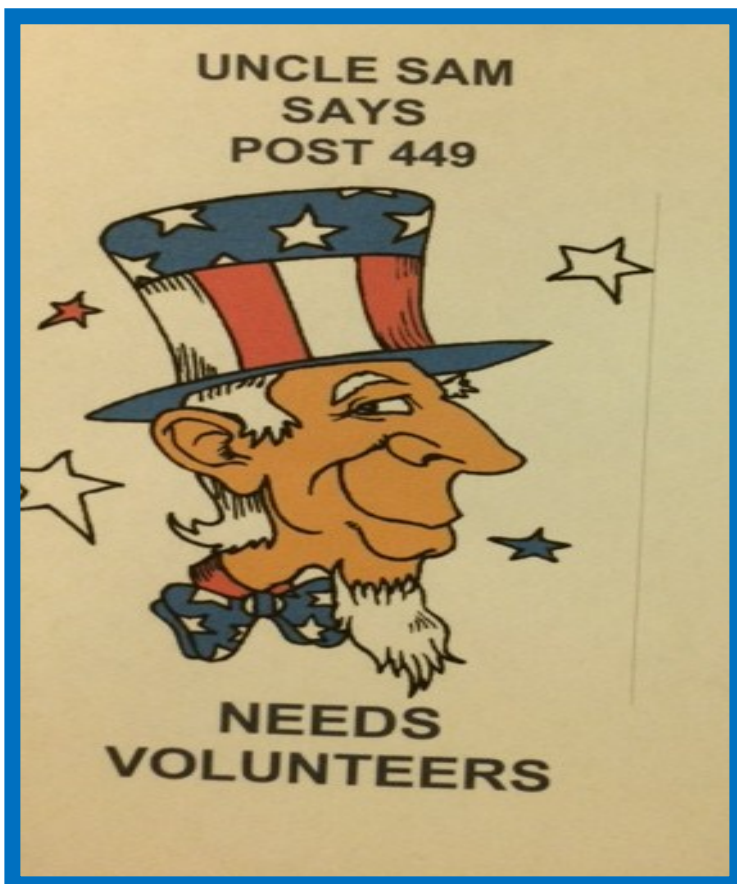
Bring any of these items to the post and give to a bartender during opening hours please. How great to give!

Please note, that from now on our annual flag disposal/flag burning ceremony will be held on flag day, the 14th of June.

AND GOD SAID:

(Deuteronomy 15:7-8)

If among you, one of your brothers should become poor, in any of your towns within your land that the Lord your God is giving you, you shall not harden your heart or shut your hand against your poor brother, but you shall open your hand to him and lend him sufficient for his need, whatever it may be.



Service Officer's Message...

By Richard Strehlow 262-641-0977



Last Bugle (Post Members)

Last Bugle (Non-Post Members)

Richard White Korea	John Hamilton Peace Time
Joseph Bubacy Korea	Robert Sametz WWII
James Humphriss Peace Time	Michael Lueck Vietnam
Kenneth Thorell Korea	David Sallis Korea
Harvey Swedowski Korea	Harvie Arberry Vietnam
George Nohelty Vietnam	Denis Digiacomo Vietnam

May they rest in peace

Post News:

Please Note that if you have an email address and have moved, please send us your new change of address to americanlegionpost449mail@yahoo.com to continue to receive our postal mailings to you.

Nominations for Post Officer positions will occur at the April 8th Post Meeting at 1:00pm. All nominees must be present to accept a nomination. If ballots are required, they will be printed, assembled and mailed as soon as available from the printer. They must be returned to the Post by Friday, May 16th at 1:00pm. (When they will be counted). The election results and installation of Post Officers will be announced at the next May 20th Post Meeting at 1:00pm

Honor Guard News:

I would like to thank the following for their donations to the Post for services rendered by our Honor Guard: The Kaebisch Family, The Victor Brulc Family, The Merten Family, and Robert Kelly.

Reminder: Please make sure that you renew your membership for 2025. The cost is \$45.00 and keeps you current in your continuous year's status. If you have not received or misplaced your renewal notice, send a check to Adjutant, Post 449, 3245 N 124th St, Brookfield, WI 53005. The Adjutant will issue you a new card which can be used to receive many veteran discounts at many stores. Please do not let your membership lapse.

Post Contact Info:

Post E-Mail is americanlegionpost449mail@yahoo.com to contact us.

Post Website is POST449.com which lists all current Post information and Newsletters.

Post Facebook is American Legion Post 449

VA NEWS & INFORMATION:

Depression is a multifaceted condition that can manifest in various forms, each affecting individuals in unique ways. For veterans, the challenges of navigating depression and its variants, such as dysthymia, can be particularly pronounced. Dysthymia, characterized by persistent low mood and a sense of hopelessness, often intertwines with the experiences veterans face, including the weight of past traumas and the transition to civilian life.

Dercum's Disease can significantly impact veterans, often manifesting as painful growths, fatigue, and emotional distress, which can complicate their adjustment to civilian life. Many veterans may find themselves grappling with not only the physical symptoms but also the psychological toll of living with a chronic condition.

Understanding Dercum's Disease is crucial for veterans, as it empowers them to navigate their health challenges more effectively and seek the necessary support.

Agoraphobia presents unique challenges for veterans, significantly impacting their daily lives and mental well-being. This anxiety disorder often leads to an intense fear of being in situations where escape might be difficult or help unavailable, which can result in veterans avoiding public spaces or social interactions altogether. The effects of agoraphobia can exacerbate feelings of isolation and distress, making it difficult for veterans to engage with their communities or access necessary support services. Understanding the symptoms of agoraphobia such as panic attacks, excessive worry, and avoidance behaviors is crucial for veterans to recognize their experiences and seek appropriate help.

With WWII fast approaching, the U.S. military looked for affordable materials for mass-producing equipment, and asbestos fit the bill. It was abundant in the markets and had a fair price, so all five military branches utilized products containing the toxic material. It resulted in many service members' exposure, especially veterans of the Second World War, the Korean War, and the Vietnam War.

Asbestos exposure can lead to several serious health issues, primarily affecting the lungs and respiratory

system. Veterans may be at long term risk for conditions such as asbestosis, a chronic lung disease that causes scarring of lung tissue, and mesothelioma, a rare but aggressive cancer that forms in the lining of the lungs, abdomen, or heart. Additionally, asbestos exposure can contribute to lung cancer and pleural effusion, which is the buildup of fluid between the layers of tissue lining the lungs.

One of the most prevalent long-term conditions affecting veterans is post-traumatic stress disorder (PTSD). This mental health condition can significantly impact the lives of those who have bravely served, often leading to challenges in daily functioning, relationships, and overall well-being.

Understanding the symptoms of PTSD is a crucial step in the healing journey for veterans, as it allows them to recognize the impact of their experiences on their mental health. Common symptoms include flashbacks, nightmares, severe anxiety, and emotional numbness, all of which can be overwhelming and isolating. It's essential for veterans to not only identify these symptoms but also to seek help and support when needed.

Certain military professions are commonly associated with higher rates of long-term physical and mental health challenges. Here are a few military professions that may present long-term challenges to some veterans.

Combat Arms (Infantry, Special Forces, Artillery, etc.) – These roles involve direct combat, which exposes soldiers to high levels of stress, danger, and trauma. The physical toll can also be severe, with many veterans suffering from chronic injuries like joint damage, back problems, and hearing loss from exposure to gunfire and explosions. PTSD is also prevalent among those who experience intense combat situations.

Explosive Ordnance Disposal (EOD) – EOD technicians deal with bombs and unexploded ordnance, putting them in extremely dangerous situations. The constant stress of handling life-threatening devices can lead to mental health issues, including anxiety and PTSD. Physical injuries from bomb explosions are also a real risk.

Combat Medics/Corpsmen – While medics perform a critical and honorable role, they are often exposed to traumatic situations where they witness significant loss of life or injury, and sometimes they experience moral injury or survivor's guilt. The emotional and psychological toll of tending to the wounded or dying can lead to long-term mental health struggles.

Pilots (especially in combat aviation) – Flying combat missions, particularly during high-intensity conflicts, can be mentally and physically taxing. Pilots are exposed to the stress of performing dangerous tasks while under fire, and they may face higher rates of PTSD, anxiety, or depression. The pressure to make life-or-death decisions quickly can weigh heavily on them.

Veterans of Prolonged Deployments – Regardless of profession, veterans who have experienced long or multiple deployments—especially those in active combat zones—often experience challenges with reintegration into civilian life, mental health issues, and family or social difficulties. The constant exposure to combat or high-stress environments can have long-lasting effects.

These roles can have an outsized impact on mental and physical health, but it's important to recognize that each individual's experience is unique. The resources available to veterans, their support systems, and their personal resilience can all play a significant role in how they cope with their military service after they return to civilian life.

Did you know the limb most commonly amputated among U.S. veterans is the lower limb of the leg, often due to injuries sustained in combat? Historically, this has been a significant issue for veterans, especially those who served in conflicts like World War I, World War II, Vietnam, and more recently, the wars in Iraq and Afghanistan.

Did you know that many veterans experience chronic pain as a result of injuries sustained during service? As a result, opioid pain relievers like hydrocodone, oxycodone, and morphine were historically among the most prescribed VA medications. However, due to the opioid crisis, there has been a push to reduce opioid prescriptions, and many veterans are now prescribed non-opioid pain relievers like acetaminophen, NSAIDs (like ibuprofen), or muscle relaxants.

Meniere's Syndrome is a complex and often misunderstood inner ear disorder that poses unique challenges for veterans. Characterized by episodes of vertigo (an intense spinning sensation) alongside persistent tinnitus (ringing in the ears), fluctuating hearing loss, and a feeling of fullness or pressure in the ear, this condition can severely disrupt daily activities and quality of life for veterans.

Veterans with Meniere's Syndrome may find themselves grappling with the unpredictability of their symptoms, which can lead to difficulties in employment, social interactions, and even personal relationships. The fear of

sudden vertigo attacks can instill a sense of anxiety and limit participation in activities they once enjoyed, contributing to feelings of isolation. Understanding and addressing these challenges is crucial for veterans and their families.

Did you know you can use the camera on your phone, computer, or tablet, and connect to the VA Video Connect App? Using VA Video Connect App will give you direct, real-time access to your health care team. If you're a veteran who receives VA health care, has an internet connection, and an email account, you may be able to use this app for your next appointment.

How does VA Video Connect work?

When your VA care team schedules an appointment using VA Video Connect, you will receive an email with a link to join a virtual medical room. The email will include resources to help you get ready to use VA Video Connect. At the time of your appointment, click on the link, enter your name, and begin the session with your doctor or other providers. You can include family members or other caregivers, who can join the VA Video Connect session from anywhere.

Did you know as with most disabilities, the VA rating for sleep apnea depends on your particular situation? The military provides an extremely physically demanding environment that can lead to many conditions associated with sleep apnea, ranging from post-traumatic stress disorder (PTSD) to various injuries that limit mobility, plus exposure to a wide variety of dust and fumes. Some indications are that one in five U.S. veterans has sleep apnea, and in one study, veterans of combat in Iraq were more than 45% more likely than non-combatants to develop sleep apnea.

Remember..... That all gave some, but many gave all!





Cudworth- Stenz- Griesell- Smith
American Legion Post 449
3245 N 124th St, Brookfield, WI 53005

MEMORANDUM FOR RECORD:

9 February 2025

SUBJECT: Current Commanders' Duties

1. The following are the current duties the Commander of Post 449 conducts:
 - a. Prepares and conducts the Legion meeting.
 - b. Prepares and types up all additional duty appointments and all correspondence that relates to the overall operation of post 449 by using Word and Excel by Microsoft.
 - c. Schedules bar tenders monthly and constantly monitors the changes and prints up new schedules/deals directly with Bar Tenders concerns.
 - d. Schedules the music for post 449, prints schedules and coordinates payment to ensure proper assignment of checks and signs the checks associated with the event. Then coordinates with our social media person to make sure the events are listed on all our social media outlets to include our website, Facebook and the OPTI Sign in the bar. Attends the event periodically to meet with the band leaders, and monitor the revenue taken in, not only with the cover charge, but the bar intake to ensure a profit is made.
 - e. Monitors cameras daily for operational concerns and proper security procedures. Also, on the call list for security alarms to respond anytime night or day to alarms.
 - f. Maintains key control roster and issue of all keys to the facility to include securing new keys as needed.
 - g. Maintains direct contact with all vendors, beer, liquor, supplies for building, gambling machines and repairs of all equipment including the heating/cooling system, and coolers. Consults with all listed vendors on all issues.

1

- h. Is the only point of contact with the owner of building, appointed as the building manager by owner. Constant coordination of issues and updates with current issues.
- i. Monitors the Finances as the Finance officer with the bookkeeper and signs all checks issued weekly.
- j. Checking and banking are in my name as direct POC and only signer.
- k. Maintains direct contact with our CPA and ensures all correspondence between us is filed properly.
- l. Maintains all copies of all correspondence at home for backup.
- m. Distribute daily, all correspondence to all board members via word or excel.
- n. Issues directives for complete operational procedures and maintains them.
- o. Secures supplies from the Restaurant depot at least monthly or more depending on the need for things like pizzas, that I keep the inventory maintained for, also, plastic ware and all food service items, chips and candy for bar from Sam's club and Costco with membership in my name.
- p. Writes monthly newsletter article and reviews newsletter before going out to print.
- q. Coordinates events for holidays to ensure proper conduct of said event.
- r. Sets up and conducts yearly flag disposal ceremony.
- s. Conducts Thursday night fund raising event by cooking burgers, brats and dogs and picking up all food from Bunzel's Meat Market or Metro Mkt.
- t. Handles all HR issues that arise and consults with the Executive board on discipline matters.
- u. Secures bar tenders and board members to serve post 449.
- v. Ensures all certificates are up to date in coordination with the bar manager.
- w. Coordinates all rentals of the lounge area and hall for time frames and bar tenders along with the rental manager.
- x. Coordinates all (POS) System repairs and issues, directly with our POS owner. (This may mean at a moment's notice, at any time, the bar is open, and an issue arises that needs immediate attention).
- y. Developed and maintains the SILO Tracking system for the IRS requirements to maintain our tax-exempt status.
- z. Has in his name the Direct TV and AT&T account for our television and WIFI system and telephone.

2

- aa. Monitors and ensures that we follow the IRS manual that pertains to American Legion Posts.
- bb. Consults directly with district and state on legion matters/concerns.
- cc. Type up all lease contracts. Coordinates all inspections.
- dd. Operates as 2nd Vice Commander.
- ee. Print all drink cards for band drinks.

Alex Kolander

Alex Kolander
Commander
American Legion Post 449

3



AMERICAN LEGION AUXILIARY



Empowering Women, Inspiring Communities

AUXILIARY DIRECTORY

President	Jennie Riemer	262-215-8617
Vice President	Virginia Bragg	850-247-3297
Treasurer	Kitty Larkin	262-295-2922
Secretary	Lilli Schwantes	262-617-2686
Chaplain	Betty Conlon	414-870-1432
Sgt.-at-Arms	Heidi Plutul	414-870-1948
Asst. Sgt.-at-Arms	Vivian Schmidt	262-782-0605
Parliamentarian	Lynne Ehnert	414-630-1959
Member-at-Large	Jean Ramlow	414-476-2721
Member-at-Large	Colleen Gotowitz	414-617-8887
Member-at-Large	Carol Lers	262-719-1105

President

Jennie Riemer 262-642-7206
shakinjmr@yahoo.com



Hello

I hope everyone is staying safe from the cold temperatures. Hopefully it will warm up in March.

Our guest at the February meeting was Anita Catura she told us of some things that are happening at District.

They are having a Poppie centerpiece contest at the 1st District Spring Conference. It will be held Saturday April 26th in Delavan, Wi 111 south 2nd St. We will be working on our entry at the March meeting.

Debbie Wink will be working on getting the Poppy fundraiser letter that will be included in the April newsletter. Thank you Debbie.

The Past Presidents Parlay is planning a fund raiser. The date is Saturday May 3rd at the Post. It is a combination Derby Days and Daffy Days so let's get our hats ready ladies!!

Our next meeting is March 18th at the post, 6:00 PM for snacks that will be provided by Vivian Schmidt and Jean Ramlow. Thank you to everyone who brought snacks to the February meeting.

If you have volunteer hours, please turn them in to us because we have to send them in.

Thank you everyone for continuing to support our auxiliary.

Vice President

Virginia Bragg
Email: Litewaitva1@gmail.com



Welcome to March. We will be having our monthly meeting on Tuesday, March 18th at 6pm. PPP poppy daze will take place on Saturday, May 3rd, with a Kentucky Derby theme luncheon. The time of the event will be announced in the April newsletter. Hope to see you there.

Thanks,

Virginia Bragg

Unit 449 Auxiliary Membership Report

Kitty Larkin, Carol Lers



FOUR MEMBERSHIP AGREEMENTS

1. BE IMPECCABLE WITH YOUR WORD

Speak with integrity. Avoid using your Word to speak against yourself or to gossip against others. Use the power of your word in the direction of truth and love.

2. DON'T TAKE ANYTHING PERSONALLY

Nothing others do is because of you. What others say and do is a projection of their own reality, their own dream. When you are immune to the opinions of others, you won't be the victim of needless suffering.

3. DON'T MAKE ASSUMPTIONS

Find the courage to ask Questions and to express what you really want. Communicate with others clearly as you can avoid misunderstandings, sadness and drama. With just this one agreement, you can transform your life.

4. ALWAYS DO YOUR BEST

Your best is going to change from moment to moment; it will be different when you are healthy as opposed to sick. Under any circumstances, simply do your best and you will avoid self-judgment, self-abuse, and regret.

Unit 449 Auxiliary Treasurer Report

Kitty Larkin



Our ALA Mission has taken some pretty hard hits the past several months and we need to take some steps to increase our financial status. We are reviewing methods to build a healthy financial account to carry out our mission statement. We are considering a different banking association for the Unit money to save on service fees that are a demand on the type of business account we currently have. Our account is basically used for dues and donations which takes money in and currently uses for donations. It is getting pretty low and we need to do something about it.

The annual Daffy Days fund raiser that the Past Presidents have been holding annually will be held on May 5th this year which is Derby Day, so we will have a Derby-Daffy Day to help increase our financial status. The Past Presidents will be looking for help from all Unit members and friends to make this event successful. Keep your eyes on the website and Face Book for updated information on this event.

Department Treasurer's Report: "As of January 31 all member's dues should be paid. If you are not paid you are not a member until your 2025 dues are processed through Dept. or Ntl. Unpaid members are now delinquent and no longer members, as such they lose all rights and privileges of membership including holding any officer or chairmanship position at any level, voting, funeral rites, member benefits etc. Unpaid members are encouraged to pay their dues via credit/debit to the national call line 317-560-4570 Mon.-Fri. 7:00am- 3:30 pm through the national website, send their dues directly to Dept. HQ or pay their unit to get membership reinstated."

AUXILIARY POPPY CHAIRMEN

In next month (April) news letter you should find an envelope with a poppy in them. Please wear it to show your support for Veterans. If you would like - make a donation to the Auxiliary poppy fund, which is used to help veterans. Send your donation back in the envelope.

Poppy Chairmen

Debbie Wink

Djwink60@gmail.com



Chaplain News

Betty Conlon. 414 870-1432

Bettyconlon@sbcglobal.net



Greetings To All

It has been a quiet month and hope everyone is staying warm. Valentine cards were sent to our adopted veterans. I received a thank you note from Margaret Gerke on the passing of her husband Walter.

Upcoming dates to put on your calendar. Our next meeting is on March 18th, 1st District meeting is on Saturday, April 26th and Past President luncheon will be on Saturday, May 3rd.

I was able to attend Casino Night. WOW what a night. It was nice to see old friends and enjoy the camaraderie. My daughter Mary took me. She was one lucky lady. She won the wine bottle at the auction table and two baskets.

A reminder to contact me of anyone needed a greeting.

God's Blessings. See you at the Post



THE AMERICAN LEGION & AUXILIARY OF FIRST DISTRICT JOINTLY HOSTING

9-PIN TAP BOWLING FUNDRAISER

TO SUPPORT VETERANS OUTREACH OF WISCONSIN NEW COOLERS FOR THEIR FOOD MARKET

23 MARCH 2025 • 12PM-3PM

REGISTRATION OPEN 10:30 AM

HELD AT RIVER CITY LANES 730 CORNERSTONE CROSSING WATERFORD, WI 53185

\$30 PER BOWLER. (13) 6 PERSON TEAMS. DO NOT NEED A FULL TEAM TO PARTICIPATE. CASH RAFFLES. WALK INS OK.

CONTACT TOM V TO PRE-REGISTER SELF OR TEAM @ 262-620-5646 OR DIST1VICECDR1@1DWILEGION.ORG



SONS OF THE AMERICAN LEGION



OFFICERS DIRECTORY

Commander	Leigh Rainer	262-549-1939
Vice Cmdr.	John Mahoney	
2nd Vice Cmdr.	Open	
3rd Vice Cmdr.	Joe Bragg	
Chaplain	Open	
Finance Officer	Leigh Rainer (Angi)	262-549-1939
Sgt at Arms	Joe Bragg (Billy)	
Adjutant	Leigh Rainer	262-549-1939
Judge Advocate	Rick D Steinberg	
Legion/S.A.L. Advisor	Open	

A "Greetings" from Leigh Rainer, your S.A.L. Grand Pubba

Our next S.A.L. meeting will be Monday, March 17, 2025 at 7:00 p.m. after the Sign-in at the Post. To renew your membership, mail it to me, Leigh Rainer, at N20W22276 North Ave., Waukesha, WI 53186. "PLEASE, DO NOT RENEW ONLINE". The dues are \$20.00 per year or \$35.00 for 2 years. "Please include your e-mail addresses."

Hopefully this will lighten up your day.

The other day, I asked my girlfriend what she would like for her birthday, and she said "she would like something with diamonds". No problem, I got her a deck of playing cards.

We are the "Sons of the American Legion," a team you can depend on.

Tentative music schedule- see calendar on back for this month.

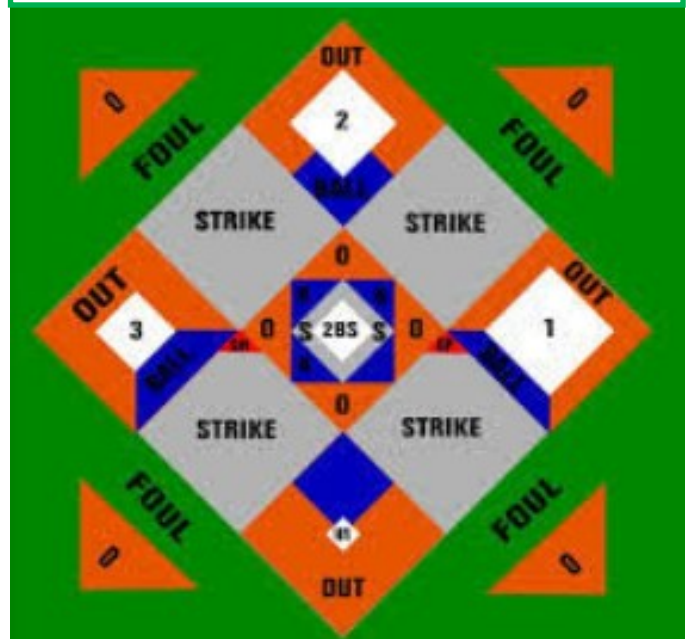
January				April			
Friday	January	24th	CIA	Friday	April	4th	Falcons
Saturday	January	25th	American Graffiti	Saturday	April	5th	Excalibers
Friday	January	31st	Freddy & the Cruisers	Friday	April	11th	American Graffiti
				Saturday	April	12th	Our House
February				May			
Saturday	February	1st	Our House	Friday	May	2nd	Falcons
Friday	February	7th	Falcons	Saturday	May	3rd	Freddy & the Cruisers
Saturday	February	8th	Hit Men	Friday	May	9th	Hit Men
Friday	February	14th	Our House	Sunday	March	9	Tony Rocker**
Saturday	February	15th	Freddy & the Cruisers	Friday	May	10th	Our House
Friday	February	21st	Larry Lynne	Friday	May	16th	Larry Lynne
Saturday	February	22nd	North Cape Express	Saturday	May	17th	Our House
Sunday	February	23rd	Barracudas ***	Friday	May	23rd	American Graffiti
Friday	February	28th	American Graffiti	Saturday	May	24th	Our House
				Friday	May	30th	Xcaliburs
				Saturday	March	29th	Our House

All shows start @ 6:30 - \$9 cover charge
Bands are subject to change

***Tony Rocker 1 pm - 3 pm
*** Barracudas 1pm-430pm

DARTBALL!

If you're interested in playing dartball, come join us. It's for men and women, for fun. We start March 24th and play for 8 weeks at 6:30p. No teams are needed, we pick teams that night. Any question or to join call or text Debbie Wink at (414-852-5006) and leave a message.

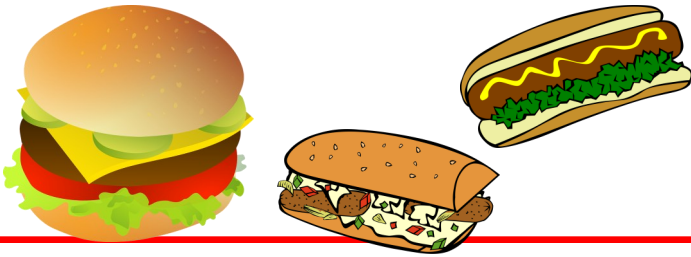


THE LEGION FAMILY OF VOLUNTEERS

INVITE YOU TO THE THURSDAY NIGHT COOK-IN 5:30 TO 8:00

American Legion Post 449
3245 N 124th St, Brookfield
Cooking by Legion family members.
Rotating Menu of delicious options.
And dessert.

*This is a fund raiser for the Post.
Karoke Also Scheduled!
Public Welcome!!!!
No Drink Carry Ins*



POST 449 PROUDLY PRESENTS



**JOYCE BEVAN on the piano EVERY
FRIDAY NIGHT 4:30 TO 6:00**

**FRIDAY LOUNGE MUSIC 6:30 -
10:00 (\$7.00 Cover Charge)**

PUBLIC WELCOME, NO CARRY-INS!



Ted Giannattasio
Owner

Phone: 414.643.2123
2213 S. 54th Street
West Allis, WI 53219
www.amerigraphicsgroup.com
ted@amerigraphicsgroup.com



Try our daily Bloody Mary special served
with Sugarlands Maple Bacon Moonshine
Only \$6.50



THURSDAYS 5 Till 9



GLOJEK & STEINBERG
LAW OFFICES, SC






Gary A. Glojek
ATTORNEY AT LAW
gglojek@glojekltd.com

6212 W. Greenfield Ave.
West Allis, WI 53214
PHONE: 414-774-3414
FAX: 414-774-3413

Rick D. Steinberg, J.D.
ATTORNEY AT LAW
rick@steinberglawyer.com

GLOJEKSTEINBERGLAW.COM

UPTOWN

www.Uptownmotors.com

Glenn Pentler President 414-771-9000

STEVE SCHMIDT
Funeral Director



Schmidt & Bartelt, Inc.
Funeral Service
Family and Employee Owned

10121 W. North Ave. • Wauwatosa, WI 53226
Phone 414-774-5010 • Fax 414-774-6297
sschmidt@sbfhes.com



MR MODERNREALTY
PARTNERS

Miranda Zuege
Realtor®

414-460-1496
Miranda@ModernRPWI.com
www.A2ZuegeHomes.com



9000 West Capitol Drive
21600 West Capitol Drive
7001 West Brown Deer Road
12401 West National Avenue

Dan Krause, Post Member
414-464-4640
www.krausefuneralhome.com

\$ MONDAY FUN NITE \$
Mark your calendars—tell everyone!

American Legion Post 449
3245 N. 124th St., Brookfield

Sign In Drawing at 7:00 pm

Support Your Post!
●●●●●Public Welcome●●●●●
Drink Carry Ins Not Allowed

Cudworth-Stenz-Griesell-Smith
 American Legion Post 449
 3245 N. 124th Street
 Brookfield, WI 53005
 Phone: 262-781-0488
 Address Service Requested

NON-PROFIT ORG.
 U.S. POSTAGE
 PAID
 ELM GROVE, WI
 PERMIT NO. 39

Dated Material
 Please deliver promptly

FOUR FORTY NINER



Volume 79, Issue 3 The Four Forty Niner is published monthly March 2025

March 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 Open 1:00-10p OUR HOUSE 6:30-10p
2 Closed	3 Open 4:30-10p Sign in	4 Closed	5 Closed	6 Open 4:30 - 10p Karaoke from 5-9 p Cook-in 5:30-8p	7 Open 4:30 - 10p Joyce Bevan 4:30-6:00 FREDDIE & CRUISERS 6:30-10p	8 Open 1:00-10p FALCONS 6:30-10p
9 Open 12-4:00 Tony Rocker	10 Open 4:30-10p Sign in	11 Closed Post/Legion Meeting 1-2p	12 Closed	13 Open 4:30 - 10p Karaoke from 5-9p Cook-in 5:30-8p	14 Open 4:30 - 10p Joyce Bevan 4:30-6:00 HIT MEN 6:30-10p	15 Open 1:00-10p OUR HOUSE 6:30-10p
16 Closed	17 Open 4:30-10p Sign In SAL meeting 7-8p	18 Open 3-10p Aux meeting 6-8p	19 Closed MILLER/COORS 11AM-2PM	20 Open 4:30 - 10p Karaoke from 5-9p Cook-in 5:30-8p	21 Open 4:30 - 10p Joyce Bevan 4:30-6:00 LARRY LYNN 6:30-10p	22 Open 1:00-10p FALCONS 6:30-10p
23 Closed	24 Open 4:30-10p Sign In Dartball 6:30p	25 Closed	26 Closed	27 Open 4:30 - 10p Karaoke from 5-9p Cook-in 5:30-8p	28 Open 4:30 - 10p Joyce Bevan 4:30-6:00 AMERICAN GRAFFETTI 6:30-10p	29 Open 1:00-10p OUR HOUSE 6:30-10p
30 Closed	31 Open 4:30-10p Sign in Dartball 6:30p					